SuperSTAR plan 12/18/15

**Theme**: Altruism & Kindness

**Goal**: You and your students will spread kindness to others by creating cards, decorations, signs & banners, or decorating placemats for community members. Some will be distributed to senior citizens’ homes and some will go to local police and fire departments (Lake Orion, Oxford, maybe Oakland County Sherriff). Items can be winter-themed, but they can also be more general. This isn’t meant to be a holiday card making activity.

**What You’ll Need:** some art or craft supplies, like paper, scissors, markers, glue...anything that can be used to decorate

**Instructions:**

1. With your students, discuss the ideas of altruism, kindness, paying it forward, etc. Make sure to refer to the recent character traits of the week. If appropriate for your group, perhaps discuss how, with all the awful tragedies that have happened in the world recently, being kind to others and spreading happiness can help us heal.
2. Explain that each student will make at least one item. Remind them that messages should be upbeat and school appropriate.

**Sample messages:**

For seniors: “Have a great day!”; “Smile!”; “Hope your day is a little brighter”

For police/fire: “Thank you for your service to our community.”; “We appreciate you!”

1. 6th and 7th grade teachers: Your SuperSTAR classes will be making cards, decorations, signs, banners, or placemats for senior citizens.

Team 8-L teachers, your SuperSTAR classes will make cards or signs and banners for police.

Team 8-0 teachers, your SuperSTAR classes will make cards, signs and banners for the fire department.

1. At the end of SuperSTAR, send a student to the Media Center with your items. The SuperSTAR committee will take care of distribution. THANKS and HAVE FUN with this!

“*No act of kindness, no matter how small, is ever wasted*.” –Aesop

“*Yes, there is darkness, but there is also you ... and me ...and lots of other people who want to make the world dance. Shine bright*.” –Kid President, via Twitter 12/9/2015