**Class Meeting 6th and 7th Grade:**

**February 17, 2016**

**Video and Discussion**

**Materials:**

* Students will need something to write with. BullyBusters will bring copies of questions for students.

**Teacher/BullyBuster:**

Last week we started to explore the roles of the Bully Circle.  There were many great discussions in all the STAR classes about how each of us fits on the Bully Circle.  Many BullyBusters reported after last Wednesday's class meeting that numerous students brought up the issue of defenders and possible defenders.

Today we're going to start by watching a video of singer and actress Demi Lovato talking about her experiences as a victim of bullying, but more importantly talking about how she thinks we all need to handle bullying situations.

Watch and listen carefully to her interview and be ready to answer/discuss questions at the end with your BullyBusters, classmates and teachers.

[**www.youtube.com/watch?v=hu9Z5naWaEw**](http://www.youtube.com/watch?v=hu9Z5naWaEw)

Discussion Prompts:

1) Why is it so difficult to be an actual defender instead of a possible defender?

2) In the video Demi says, "It’s important for every bystander to know that they have a purpose."  How can we make bystanders at Oakview feel comfortable standing up to people who are bullying or excluding others?

3) Demi describes her experiences with bullying as starting out with some name calling in elementary school but that things became more severe in middle school.  What has your experience been like as a middle school student as compared to elementary school?

4) Later in the video Demi says, "It’s just really important that that person who is being hurt doesn't feel hurt and alone, but they feel like they are being supported by someone else and someone is standing up for them."  Do you agree with this statement?  What are some possible problems that may happen to a person who feels hurt and alone?

5) Demi talks about teens and kids needing to do the right thing on the internet and not use it for bad purposes.  If there were adults or teachers on social media making rules to keep everyone safe, what rules do you wish they would enforce?  Do you think it’s possible for teens to deal with what happens online without adult intervention?

6) Do you agree with Demi that using the internet and social media to put out positive comments can make a difference for people?

7) What are some ways that you as an individual and we as an Oakview community can do a better job of standing up as defenders of what is right instead of staying silent as possible defenders?

**BullyBusters:** Next week we'll go back to exploring the Bully Circle with some other scenarios that will help us to process how we can find the courage to stand up and defend others against bullying.