**Class Meeting: March 23, 2016**

**Happiness!**

**BullyBuster/Teacher:** Last week a number of teachers met to look over all of the charts from each class in order to try to find some common themes or ideas within the school. We are still taking more time to look them over, but one of the major ideas that was covered in all 3 grade levels was happiness. For the next couple weeks, we are going to talk about happiness- what it looks like and what it means for each person, as well as for the school as a whole.

Video clip: Science of Happiness

Video will be played at 7:40 on Channel 70, but here is the link for your own setups:

<https://www.youtube.com/watch?v=V9xhpLpZZSg>

After video clip, briefly discuss the clip (2-3 minutes).

Pass out the ¼ sheet with questions on it. Students should fill out the questions on their own.

These are the questions, FYI:

1. What does happiness mean to you? 2) What makes you happy in life? 3) What makes you happy at Oakview?

**Split class into two groups: girls and boys.**

In the groups, discuss the responses they wrote to the questions; expand upon some of the ideas. **Teachers**- please facilitate and guide discussion as needed. Be on the lookout for common themes and ideas so you can help guide the discussion at the end.

After discussion, each group will share out a few general themes of their conversation about these questions.

After each group has shared, compare trends in boys’ and girls’ responses.