**Class Meeting: January 6, 2016**

**Types of Bullying**

**Teachers:** Students will need scrap paper and something to write with.

**BullyBusters/Teachers: Icebreaker: Sharing time! ☺**

BullyBusters will share what happened over their break. Then, they will ask students to share what happened over their break.

After icebreaker…

**BullyBusters/Teachers:** Today we are going to focus on the types of bullying.

Read and explain each type of bullying. (Teachers - BullyBusters will be briefed on this beforehand and will be able to explain, but please step in to add/clarify as needed. Answer questions as necessary.)

As they are being read, please post somewhere on the board or chart paper for students to see.

* **Verbal** bullying (including derogatory comments and bad names)
* Bullying through **social exclusion** or isolation (leaving someone out)
* **Physical** bullying (hitting, kicking, shoving, etc.)
* Bullying through **lies and false rumors**
* Having things **taken, stolen or damaged** by students who bully
* Being **threatened or forced to do things** by students who bully
* **Cyber bullying** (bullying through social media, cell phones, etc.)
* **Racial bullying** (being victimized because of race or ethnicity)
* **Sexual bullying** (being victimized because of sexual orientation)

**BullyBusters/Teachers:** Distribute scrap paper to students. (1/2 sheets are great!)

* Have students write down each of the types of bullying on their papers.
* Then, students should rank each type of bullying in order of greatest concern to them in their lives. (1 should be the greatest concern to 9 the least concern)

Give them a few minutes to complete this.

Afterwards, have students turn and talk to their groups about their rankings. They should share some of their top concerns. (Be sensitive that some of the feelings related to this topic are not things that students will want to share openly.)

After discussion…

**BullyBusters:**

Were a lot of the greatest concerns similar or different? (Discuss as a class)

**BullyBusters:**

Close the lesson by saying:

This lesson is increasing our awareness of types of bullying so that when we learn more about the bully circle, we are able to apply it to different types of bullying.