**Group Discussions**

**Class Meeting : 1/13/16**

**Icebreaker: Would you rather?**

1. The BB reads a “Would you rather…?” question.
2. Tell all of the students to answer the question in their own minds and choose either option 1 or option 2.
3. The BB asks students to raise their hands for option 1 or 2.
4. You and/or your BB can facilitate more discussion on each question by asking a student or two why they selected that option. Feel free to add follow up questions! ☺
5. Repeat for 5 or 6 questions. Play for about 8-10 minutes.

Questions:

Would you rather be known for:

1. your intelligence
2. your courage

Would you rather be:

1. invisible
2. able to read minds

Would you rather:

1. give up TV and Netflix
2. give up your phone

Would you rather be lost in the woods with:

1. a knife and NO food OR
2. a big box of crackers and NO knife

Would you rather:

1. always come in second place in everything you participated in OR
2. come in dead last 9 out of 10 times every time and then 1st place on the 10th one

Would you rather:

1. be paid $250,000 in one lump payment OR
2. be paid $20,000 per year for life

Would you rather:

1. be able to walk on water forever OR
2. be able to fly for 3 hours straight on 3 different occasions in your life

Would you rather:

1. wear the exact same outfit every day for a year (it is cleaned) OR
2. wear an Elvis wig every day for a year and it doesn’t come off

Would you rather:

1. be a waiter who spilled an entire bottle of wine and food all over a customer wearing an expensive dress OR
2. be a waiter who fell in front of the whole restaurant carrying a tray of dishes

**Activity: Discussions**

**Teachers:** Divide students into a group of boys and a group of girls. If one of your BullyBusters is absent, teachers should lead the other group. Within the groups, lead discussions using the following questions:

1. What is the greatest strength of boys? What is the greatest strength of girls?
2. What types of bullying affect boys most? Why? What types of bullying affect girls most? Why?
3. Why do you think social media and exclusion affect girls and boys differently? How or why?
4. How have you seen bullying within teams and organizations? Do you think this is different for boys and girls?
5. Do you think spreading of rumors, lies and gossip is a big issue at Oakview? Why or why not?
6. (8th grade question) Do boys and girls deal with different struggles?

Types of bullying (for reference – question 2)

• Verbal bullying (including derogatory comments and bad names)

• Bullying through social exclusion or isolation (leaving someone out)

• Physical bullying (hitting, kicking, shoving, etc.)

• Bullying through lies and false rumors

• Having things taken, stolen or damaged by students who bully

• Being threatened or forced to do things by students who bully

• Cyber bullying (bullying through social media, cell phones, etc.)

• Racial bullying (being victimized because of race or ethnicity)

• Sexual bullying (being victimized because of sexual orientation)

After discussions are over… Bring class back together to share responses to questions 1 and 2. The teacher or BullyBuster that was leading each group should share the responses with the whole class.